



Open Enrollment is your yearly opportunity to enroll or change your elections for health care coverage, Flexible Spending Accounts (FSAs), and life, accident and disability insurance. You can also add or drop dependent coverage. Any changes you make will go into effect January 1, 2021, and generally remain in effect for all of 2021.

If you don't make new choices, your current elections will carry over to 2021, with the exception of FSAs. You need to make new FSA elections each year to continue participation.

Unless you have a qualified life status change – such as a birth, marriage, divorce, etc. – your next opportunity to enroll will be during the annual Open Enrollment period in fall 2021 for coverage effective January 1, 2022.

#### **THIS GUIDE**

This guide describes the enrollment process and provides a comparison of your medical plan options. You can find information on your other benefit options when you log on to **Workday** or by visiting our HR webpage.

#### **ENROLL ON WORKDAY**

Enroll or change your benefits on **Workday**. See enrollment instructions on page 4.

#### **NEED HELP?**

Contact the Human Resources Department at 425-688-5921 or email your questions to the HR Benefits Team at HRBenefitsTeam@Clinichospital.org.





The following changes and improvements go into effect January 1, 2021.

#### **GREATER VISIBILITY TO YOUR BENEFITS**

With the implementation of Workday, you can now easily check your benefit selections, print out a benefits confirmation statement, add a dependent or request to change your benefits if you have a qualifying life event. Just log in to Workday and click on "benefits" on either the left side of your profile or on the benefits icon.

#### **EASILY UPDATE YOUR BENEFICIARES**

Updating your beneficiaries for your life insurance is easier than ever thanks to Workday. Our records show that many employees have not made any selection and/or have not reviewed their current selection for years. Just click on the benefits shield in Workday and then click on beneficiaries.

## NO COPAYS FOR MENTAL HEALTH VISITS THROUGH CLINIC PROVIDERS

Office visit copays for psychiatric care with Clinic providers have now been waived for Premera members.

## HIGHER LEVEL OF COVERAGE FOR SEATTLE CANCER CARE ALLIANCE

Seattle Cancer Care Alliance is now available for Level 2 coverage for the Premera medical plans. You'll be able to use SCCA providers and facilities and receive a higher level of benefits.

## SPECIALTY DRUGS AVAILABLE AT NO COST THROUGH SAVEONSP

Premera members taking specialty drugs may be able to get their copays covered through the SaveonSP program. Your cost would be zero for eligible medications. SaveonSP will contact members who are currently taking an eligible medication.

You can enroll in the program as well as check to see if a drug you are taking is eligible by calling SaveonSP at 800-683-1074. Representatives are available Monday – Thursday from 5 a.m. to 5 p.m. and Friday from 5 a.m. to 3 p.m. Pacific Time. You MUST enroll to take advantage of these savings.

## ENHANCED IDENTITY THEFT PROTECTION

If you enroll in identity theft protection through InfoArmor – now called Allstate Identity Protection – you will automatically be upgraded to the enhanced PrivacyPlus plan at no additional cost.

#### **PREMIUM INCREASES**

Medical premiums for dependent coverage are increasing slightly. Employee-only coverage levels for the Premera Basic and Kaiser Core plans will remain at zero cost to you.

#### **DEDUCTIBLE INCREASES**

Due to continued rising cost of medical care, we made the tough decision to raise deductibles for all plans. This allowed us to keep copays and other coverage levels the same. As a result, your plans remain highly competitive and provide excellent coverage.





Starting this year, make your Open Enrollment choices in Workday. Log in to Workday and you will see the Open Enrollment Change task. Below is a high level overview of the steps. For the complete guide, see the **Open Enrollment Reference Guide** on the Workday Resources page via Karly.

#### **SELECT YOUR BENEFITS**

From your Workday home page:

- 1. Click the Inbox icon.
- 2. Click the Open Enrollment Change task.
- Select Elect or Waive for each plan choice. Your current elections are the default options.
- Click the Plan Description or Provider Website links to review.
- 5. Modify your coverage, if needed.
- 6. When complete, select Review and Sign.

To continue with the same coverage you have now, review your Elected and Waived coverage, then select **Review** and Sign.

Remember to review and update your beneficiaries as needed. For more information on how to do this, please go to the Workday Resources page.





## 2021 HEALTH CARE PREMIUMS

#### WELLNESS DISCOUNT

Complete a health screening in order to earn a \$25 monthly discount on your 2021 medical plan premium. Get the discount by completing one of the following tasks:

- · Get an onsite health screening.
- Visit your provider and have him/her complete, sign and fax back the Clinic health screening fax form.
- Complete and fax back the Clinic health screening fax form and attach a copy of your lab results. A provider signature is not required.

The Clinic health screening fax form can be found on the HR webpage. The deadline to complete a health screening is Dec. 31, 2020.

#### **NON-TOBACCO DISCOUNT**

A \$50 monthly medical premium discount is offered to employees who do not use tobacco. You are considered "non-tobacco" if you have not used any forms of tobacco products (including e-cigarettes), within the last six months, including occasional social use.

Employees who use tobacco may receive the non-tobacco discount by completing a tobacco-cessation program through Optum. The program covers prescriptions, such as Bupropion, Chantix, or nicotine-replacement nasal spray or inhaler, as well as over-the-counter treatments, generic patches, lozenges and gum.

Please see the total benefits guide or the HR web page for additional information on how to take advantage of the tobacco-cessation programs.

#### 2021 MONTHLY MEDICAL/VISION AND DENTAL CONTRIBUTIONS

Rates shown include both the wellness and non-tobacco discounts.

#### .8 TO 1.0 FTE\*

EFFECTIVE JAN. 1, 2021	Premera Basic Plan	Premera Premium Plan	Kaiser Core Plan	Kaiser Prime Plan	Delta Dental of WA
Monthly Rates:					
EE only	\$0	\$61	\$0	\$61	\$0
EE + Spouse/DP	\$171	\$326	\$171	\$326	\$51
EE + Child(ren)	\$154	\$295	\$154	\$295	\$56
EE + Family	\$253	\$482	\$253	\$482	\$111

#### .6 TO .79 FTE\*

EFFECTIVE JAN. 1, 2021	Premera Basic Plan	Premera Premium Plan	Kaiser Core Plan	Kaiser Prime Plan	Delta Dental of WA
Monthly Rates:					
EE only	\$0	\$123	\$0	\$123	\$0
EE + Spouse/DP	\$344	\$651	\$344	\$651	\$110
EE + Child(ren)	\$308	\$590	\$308	\$590	\$119
EE + Family	\$506	\$963	\$506	\$963	\$174

An additional \$250 per month will be assessed if you cover your spouse/domestic partner and he or she has access to their own employer-provided coverage. See Human Resources for a list of documents needed to prove domestic partnership. Domestic partner premiums are deducted from your pay after tax, and you pay taxes on the employer portion of the domestic partner's premiums.



#### MEDICAL PLAN HIGHLIGHTS - PREMERA BASIC AND PREMIUM PLANS

Percentages shown are what the plan pays; dollar amounts are what you pay. The Premera Basic and Premium plans cover costs the same way. They only differ in terms of the deductible and out-of-pocket maximum, as shown in the table below.

	LEVEL1	LEVEL 2	LEVEL 3	
PROVIDER NETWORK	Medical Center & Clinics, Eastside Health Network, Evergreen Hospital and LabCorp	Seattle Children's Hospital and Physicians, Allegro Pediatrics and Seattle Cancer Care Alliance	Heritage Prime Provider	
Annual Deductible - The amount you pay before the plan begins covering your costs	Basic Plan: \$1,000/person, \$3,000/family Premium Plan: \$500/person, \$1,500/family	\$1,500/person, Premiun	Basic Plan: \$1,500/person, \$4,500/family Premium Plan: \$750/person, \$2,250/family	
Annual Out-of-Pocket Maximum	Basic Plan: \$5,000/person, \$1	0,000/family Premium Plan:	Premium Plan: \$3,500/person, \$7,000/family	
PRIMARY CARE				
Preventive Care Includes immunizations, contraceptives, mammograms and preventive labs	100%*	1009	%*	
Primary Care Office Visit	\$0 at the clinic*	\$35 copay*		
Frimary Care Office Visit	\$35 copay*			
Specialist Office Visit	\$35 copay*	\$35 copay*		
Urgent Care	\$0 at the clinic* \$50 copay*	\$50 copay*		
Emergency Room	Plan pays 100% after	er \$200 copay and deductible (copay	waived if admitted)	
Lab and Radiology	\$0 at the clinic for radiology*	80%	70%	
HOSPITAL CARE				
Inpatient Hospital Facility	\$0 at the clinic*	80%	70%	
inpatient nospital racinty	100%	00 /0	1070	
Inpatient Physician	\$0 at the clinic*	80%	70%	
· ,	100%			
Outpatient Surgery	\$0 at the clinic*	80%	70%	
MENTAL HEALTH CARE	100%			
MENIAL HEALIH CARE	MO at the allulation			
Inpatient	\$0 at the clinic*	80%	70%	
	\$0 at the clinic*			
Outpatient	\$35 copay*	\$35 copay*		
OTHER CARE OPTIONS	, ,			
Alternative Care (Naturopathic, acupuncture, and chiropractic care)	Up to 12 visits	\$35 copay* per calendar year for chiropractic and	acupuncture	
Massage Therapy	\$35 copay* – Up to 20 visits per calendar year			
PRESCRIPTION DRUGS - PREVENTI	VE DRUGS COVERED AT 100%			
Retail (30-day supply)	After R	x deductible (\$150 individual/\$450 fa	mily):	
- Generic		• \$15 copay		
- Brand preferred	• \$35 copay			
- Brand non-preferred	• \$100 copay			
- Preferred specialty drugs	• \$70 copay			
Mail order non-specialty (90-day supply)		2.5x retail copays after deductible		

\*No deductible applies.

You pay zero for **HIGHLIGHTED** services only when you get care from a provider. Only in-network coverage is shown. You pay a much higher share of the cost for out-of-network care.

To find in-network providers, go to **premera.com**:

- Click on Find Care and then select Find a Doctor in the top banner
- Either sign in to your account or search all plan networks and choose Heritage Prime



#### MEDICAL PLAN HIGHLIGHTS - KAISER PERMANENTE PLANS

Percentages shown are what the plan pays; dollar amounts are what you pay.

	CORE PLAN (ACCESS PPO)	PRIME PLAN (ACCESS PPO)	
	Preferred Provider Network	Preferred Provider Network	
Annual Deductible	\$1,800/person, \$5,400/family	\$1,000/person, \$3,000/family	
Annual Out-of-Pocket Maximum	\$5,000/person, \$10,000/family	\$3,500/person, \$7,000/family	
PRIMARY CARE			
Preventive Care Includes immunizations, contraceptives, mammograms and preventive labs	100%*		
Primary Care Office Visit	\$0 at Kaiser at \$35 cc		
Specialist Office Visit	\$3	5*	
Urgent Care	100% after	\$35 copay*	
Emergency Room	60% after \$200 copay (c	opay waived if admitted)	
Lab and Dadialam.	\$0 at P	Kaiser*	
Lab and Radiology	60% at other in-r	network locations	
HOSPITAL CARE			
Inpatient Hospital Facility	\$0 at Kaiser and The Clinic*		
inpution roopidal ruomty	60% after \$100 copay per day for up to 5 days		
Inpatient Physician	\$0 at Kaiser and The Clinic*		
60% at other in-network locations		network locations	
Outpatient Surgery	\$0 at Kaiser a	nd The Clinic*	
outputions outgoing	60% at other in-r	network locations	
MENTAL HEALTH CARE			
Inpatient	\$0 at Kaiser and The Clinic*		
pationt	60% after \$100 copay p	· · · · · · · · · · · · · · · · · · ·	
Outpatient	\$0 at Kaiser and The Clinic for primary care*		
·	\$35 copay*		
OTHER CARE OPTIONS			
Alternative Care (Naturopathic, acupuncture, and chiropractic care)	\$35 copay* Up to 15 visits per calendar year for chiropractic and acupuncture		
Massage Therapy	\$35 copay* Up to 60 visits per calendar year (combined with rehabilitative benefit)		
PRESCRIPTION DRUGS – PREVENTIVE DRUGS COV	ERED AT 100%		
Retail (30-day supply)			
Value based	\$5 copay		
Preferred generic	\$10 copay		
- Brand preferred	\$40 copay (\$30 at a Kaiser pharmacy)		
- Generic and brand non-preferred	50%		
Mail order (90-day supply)	2x retail copays		
No deductible applies.	To find in-network providers, go to <b>k</b>	o.org/wa:	

You pay zero for **HIGHLIGHTED** services only when you get care at the clinic or Kaiser.

Only in-network coverage is shown. You pay a much higher share of the cost for out-of-network care.

- Click on "Find a Doctor" in the top banner
- Either sign in to your Kaiser account or choose "Employer plans" under "Welcome, visitor"
- Select Access PPO or choose Clinic from the list of employers



## VISION AND DENTAL

Vision benefits are provided automatically as part of the medical plan you enroll in. The tables below show how the Premera and Kaiser vision plans cover your costs.

#### PREMERA VISION COVERAGE

	In-network	Out-of-network
Basic eye examination One exam per calendar year	\$ 35 copay (deductible waived)	Plan pays 50%
Vision hardware Frames and lenses, contact lenses	Covered in full up to \$150 per calendar year	

#### KAISER VISION COVERAGE

	In-network	Out-of-network
Basic eye examination One exam per calendar year	\$ 35 copay (deductible waived)	Plan pays 50%
Vision hardware Frames and lenses, contact lenses	Adults: \$150 allowance every 12 months.  Under 19: 1 pair of frames and lenses per year or contacts covered at 50%	

#### **DENTAL COVERAGE**

The Clinic offers dental coverage through Delta Dental of Washington. The plan lets you see any dentist, but you pay less for services when you see a Delta Dental dentist.

#### To find a Delta dentist:

- Go to DeltaDentalWA.com
- Call Delta at 800-554-1907

	PPO network provider	Premier/Non-network provider	
Deductible	\$0	\$50 individual/\$150 family	
Annual maximum	\$2,000	/person	
Diagnostic and preventive services Routine exams, X-rays, cleanings (twice per year), topical fluoride application	100%	100% (deductible waived)	
Space maintainers One per lifetime through age 17	100%	100% (deductible waived)	
Sealants Through age 14 on permanent molars only, once per tooth every three years	100%	100% (deductible waived)	
Routine care Fillings, extractions, periodontics, oral surgery, endodontics	80%	80%	
Major restorative care Crowns, bridges, dentures, inlays, onlays, implants	60%	50%	
Orthodontia	50% (deductible waived)		
Orthodolitia	\$1,500 lifetime maximum benefit per person		



# GET CARE IN-HOUSE AND IT'S ON THE HOUSE

If you're in a Premera medical plan, you pay zero for most services at the clinic! You can save a lot. The examples below compare your costs if you had **a \$1,000 MRI** at the clinic vs. your other options.

#### PREMERA BASIC PLAN

CLINIC FACILITIES AND PHYSICIANS	LEVEL 3 FACILITIES AND PHYSICIANS	OUT-OF-NETWORK
Your cost:	Your cost:	Your cost:
<b>\$0</b>	\$1,000 	\$1,000 

#### PREMERA PREMIUM PLAN

CLINIC FACILITIES AND PHYSICIANS	LEVEL 3 FACILITIES AND PHYSICIANS	OUT-OF-NETWORK	
Your cost:	Your cost:	Your cost:	
<b>\$0</b>	\$1,000 	\$1,000 	

These examples are for illustration only. Actual claims paid are subject to the terms and conditions of the Premera contracts



## CHARITABLE GIVING

#### MAKE DONATIONS THROUGH PAYROLL DEDUCTION

As a nonprofit organization, the Clinic relies on philanthropic contributions from the community we serve to continue to provide the quality of care our patients deserve. We believe this generous giving should start with us, so we reach out to staff to join together in supporting this incredible organization.

Many employees like to make contributions by having a fixed amount deducted from their paychecks each month. It's easy to set this up through **Workday** during Open Enrollment. You can also make changes to your giving at any time of the year. To make a change or to start giving outside of Open Enrollment, simply click the benefits icon on your home page, click "Change Benefits," and then "Employee Giving Change."

When you enroll in benefits, you will have the option of selecting "Charitable Giving" for eight different funds:

- Campaign FutureCare
- Cancer Care
- Cardiac Services
- Charity Care
- Mental Health
- Neurology
- Specialty School
- Ensuring Excellence/Greatest Need

Simply click "select" for each fund you would like to support and enter the amount you would like to give each month. If the fund you would like to select is not listed, please select "Ensuring Excellence/Greatest Need" and contact the Foundation.

#### **CONTACT US**

If you have any questions about employee giving, please contact the Foundation at 425.688.5525 or egc@Clinichospital.org.

Thank you for all you do.

#### **OTHER WAYS TO GIVE**

You can also make a contribution by cash, check or credit card. Visit **Clinichospital.org/EGC** to make your gift online. Or fill out an employee giving donation form, available on Karly, and submit the form with your payment to the Foundation office. You can make a donation at any time during the year.

Giving at any level is important and appreciated! Participation in the campaign shows that we believe so strongly in the mission and value of The Clinic that we support it in every way.



# CLINIC PRIMARY AND URGENT CARE LOCATIONS

Get care in-house, and it's on the house! Premera and Kaiser members can get free care at the clinic for many services. Check out our many convenient locations:

#### **BELLEVUE - PRIMARY CARE (HOSPITAL CAMPUS)**

Phone: 425-289-3100 1231 116th Ave NE, Suite 400 Bellevue, WA 98004 Weekdays 7 a.m. to 6 p.m. Sat. 8:30 a.m. to 12:30 p.m.

#### **BELLEVUE - PRIMARY CARE (DOWNTOWN)**

Phone: 425-635-6350 400 108th Ave NE Bellevue, WA 98004 Weekdays 7 a.m. to 6 p.m.

#### **BELLEVUE - INTERNAL MEDICINE ASSOCIATES**

Phone: 425-990-5222 1407 116th Ave NE, Suite 200 Bellevue, WA 98004 Weekdays 8 a.m. to 5 p.m.

#### **ISSAQUAH - PRIMARY CARE**

Phone: 425-688-5488 5708 E Lake Sammamish Pkwy SE, Suite 102 Issaquah, WA 98029 Mon. – Wed. 7a.m. to 6 p.m. Thur. 7 a.m. to 7 p.m. Sat. 9 a.m. to 1 p.m.

#### **KIRKLAND-PRIMARY CARE**

Phone: 425-635-6470 290 Central Way Kirkland, WA 98033 Weekdays 7 a.m. to 5 p.m.

#### **LAKE HILLS - PRIMARY CARE**

Phone: 425-637-3270 619 156th Ave SE Bellevue, WA 98007 Weekdays 7 a.m. to 6 p.m.

#### **REDMOND - PRIMARY CARE**

Phone: 425-635-6430 7345 164th Ave NE, Suite I-105 Redmond, WA 98052 Weekdays 7 a.m. to 5 p.m.

#### SAMMAMISH PRIMARY CARE

Phone: 425-635-3070 22630 SE 4th St, Suite 300 Sammamish, WA 98074 Weekdays 7 a.m. to 5 p.m.

#### **BELLEVUE - URGENT CARE (DOWNTOWN)**

Phone: 425-635-6550 400 108th Ave NE Bellevue, WA 98004 Mon. – Sat. 7 a.m. to 10 p.m.

#### **ISSAQUAH - URGENT CARE (CLINIC CENTER)**

Phone: 425-688-5777 5708 E Lake Sammamish Pkwy SE Issaquah, WA 98029 Everyday 7 a.m. to 11 p.m.

#### **LAKE HILLS - URGENT CARE**

Phone: 425-637-3280 619 156th Ave SE Bellevue, WA 98007 Mon. – Sat. 12 p.m. to 10 p.m.

#### **REDMOND - URGENT CARE**

Phone: 425-635-6400 17209 Redmond Way Redmond, WA 98052 Everyday 7 a.m. to 11 p.m.

#### **SAMMAMISH - URGENT CARE**

Phone: 425-635-3080 22630 SE 4th St, Suite 300 Sammamish, WA 98074 Mon. – Sat. 12 p.m. to 10 p.m.

#### **NEWCASTLE - URGENT CARE**

Phone: 425-635-3020 13159 Newcastle Commons Drive Newcastle, WA 98059 Mon. – Sat. 12 p.m. to 10 p.m.

#### **NEWCASTLE - PRIMARY CARE**

Phone: 425-635-3010 13159 Newcastle Commons Drive Newcastle, WA 98059 Weekdays 7 a.m. to 5 p.m.

## **BENEFITS DIRECTORY 2021**

For general information about benefits, please contact Human Resources at 425-688-5921. For information about a specific program or plan, reach out to the plan providers listed below or contact the Human Resources Department at 425-688-5921 or email your questions to **HRBenefitsTeam@Clinichospital.org**.

#### MEDICAL/VISION, AND DENTAL

#### **PREMERA BLUE CROSS**

PO Box 91059 Seattle, WA 98111 800-722-1471

Mail-order: 800-391-9701

24-Hour Nurseline: 800-841-8343

www.premera.com Group Number 1000063

#### KAISER PERMANENTE

PO Box 34590 Seattle, WA 98124

206-901-4636 or 888-901-4636

Mail-order: 800-245-7979

Consulting Nurse Service: 800-297-6877

www.kp.org/WA

Group Number 65477: Core / 65478: Prime

#### **DELTA DENTAL OF WASHINGTON**

PO Box 75983 Seattle, WA 98175 800-554-1907

www.deltadentalwa.com

#### **EMPLOYEE HEALTH SERVICES**

425-688-5381 (weekdays)

#### FLEXIBLE SPENDING ACCOUNTS

#### ALLEGIANCE

877-424-3570

www.askallegiance.com

Group Number 530380

#### **FINANCIAL BENEFITS**

#### **FIDELITY INVESTMENTS**

(Clinic Retirement Program) 800-343-0860

www.fidelity.com

#### LIFE AND DISABILITY INSURANCE

#### THE HARTFORD

www.thehartford.com

877-778-1383

#### SUPPLEMENTAL BENEFITS

#### UNUM, STANDARD, MUTUAL OF OMAHA, METLIFE, & HYATT

- Voluntary life, spouse, and child life insurance
- Accidental death and dismemberment insurance
- Accident insurance
- · Short-term disability insurance
- Critical illness insurance
- Group legal plan
- · Identity theft protection

425-201-9140 **Clinic@ajg.com** 

### PAID TIME OFF, EXTENDED ILLNESS BANK, SHARED LEAVE AND LEAVES OF ABSENCE

Contact Human Resources at 425-688-5921

#### WASHINGTON HEALTH PROFESSIONAL SERVICES

360-236-2880

#### **INFOARMOR (ALLSTATE IDENTITY PROTECTION)**

Identity theft protection 800-789-2720

www.infoarmor.com

#### **TOBACCO-CESSATION PROGRAM**

Optum

866-QUIT-4-LIFE

www.quitnow.net

#### **EMPLOYEE ASSISTANCE PROGRAM**

First Choice Health Network 800-777-4114

www.firstchoiceeap.com

#### **BUS PASSES: ORCA CARD**

Contact Human Resources at 425-688-5921

#### **EMPLOYEE PARKING**

- For a parking sticker, contact the Safety and Security Department at 425-688-5955.
- For a security escort, contact Valet Service during the day or the Security Department at any other time.
- For information or assistance with close-in parking, contact Employee Health Services at 425-688-5381.

This overview briefly highlights key features of your plan and is not intended to replace your insurance contract or booklet. We have compiled this summary form to answer common questions. Please refer to the insurance carriers' contracts and booklets for more detailed information and plan limitations. Actual claims paid are subject to the terms and conditions of the individual carriers' contracts.

